

“This technology saved my life!”

A pain sufferer tells his personal story of healing



For Helmut Frazen, it was just another routine intake procedure. Helmut had no idea that he may have been on the verge of cardiac arrest. In fact, he was much more preoccupied with his back and knee pain, which was what prompted him to pay a visit to *Let it Heal*, a natural health clinic in Kitchener. Known for their success in resolving chronic and acute pain, *Let it Heal* uses a brand new device referred to as the EIS (Electrodermal Interstitial Scan) to determine how to proceed with treatments.

Created by doctors, and used by hospitals internationally, the equipment takes measurements using the interstitial fluid of the body. A full report is generated, covering such areas as risk factors, bone density, hormone levels, organ function, body composition, spinal function and lymphatic flow, so that the *Let it Heal* practitioners can formulate a treatment plan.

This proved to be a life saving event in the case of *Let it Heal* client Helmut. During the EIS scan the results indicated that the functioning of his heart may have been a risk factor. The EIS technician is not a medical doctor and as such not permitted to diagnose in anyway, so she strongly encouraged Helmut to undergo some further testing through his doctor. The findings of these tests showed a severe blockage of a major artery. Helmut was taken into surgery to have a stent inserted into the artery. Today Helmut is experiencing a much better quality of life due to the combined effort of *Let it Heal* and his surgeon. "The EIS scan saved my life", claims Helmut, "not to mention, the knee pain is gone and my back only twinges occasionally since I received treatment at *Let it Heal*."

The scan only takes a few minutes, but the statistical data supplies the practitioners at *Let it Heal* with the information they require to provide the appropriate treatment to resolve the pain. "Even before we had the scan," explains Amber, founder of *Let it Heal*, "we were able to assist the majority of our clients in decreasing or eliminating their pain." The team of practitioners at *Let it Heal* are highly skilled and experienced in the application of the Bowen technique, which is renowned for its high success rate where other treatments have failed. Over the past four years, *Let it Heal* has provided relief to hundreds of local residents for conditions such as back pain, sciatica, whiplash, migraines and foot pain, to name a few.

"The majority of clients that come to our clinics have already

tried everything else unsuccessfully," explains Amber. "They are fed up... at the end of their rope." For the many clients who have experienced a dramatic reduction in pain within only one or two treatments, it is life-changing and miraculous. For others, there may be unknown factors that are slowing or preventing progress, and these clients will require several more treatments.

"We understand that our clients may have very little hope left when they walk through our door," Amber says. "They have already been to see many other types of practitioners, each one claiming they can help and each one ending in disappointment. Now that we have brought in this new testing equipment, we have a much clearer picture of exactly which treatments are required" says Amber. "We can get to the root of the problem, and we can monitor the results," she continues, "this means, especially in complex cases, the number of treatments can be reduced. In many cases, we can target additional concerns while resolving the primary complaint."

Shannon Burnett, the owner of The Kitchener location, has also enjoyed the benefits of the new testing equipment. "It is incredible," says Burnett, "If someone's back pain is not resolving because of a blockage in their clavicle, it's no wonder none of the other treatments haven't worked! Everyone has been working on their back the whole time. The body is a complex machine and everything is inter-related. This testing equipment confirms that fact on a daily basis, and reinforces it so that my clients can see for themselves."

The interstitial scan is simple, painless and quick. The hands and feet are placed on metal electrode plates, as well as two electrode pads that are attached to the forehead. The information from the scan is available immediately and in many cases, treatment can begin the same day.



The majority of clients at *Let it Heal* will undergo Bowen treatments. A Bowen treatment involves gentle, precisely placed, soft tissue manipulation at specific locations along the spine, legs, arms, neck and feet, sending messages through the nervous system. These messages help the body to get back to a balanced state and remind the body what it needs to do to heal itself. To sum it up, Bowen reminds the body how to heal itself in a surprisingly small number of treatments - for only \$60 per session. Results are long-term and most clients do not need to return unless they re-injure themselves.

Let it Heal has locations in Kitchener, Burlington, St. Catharines, Toronto and Dundas. Their local office is at 1375 Weber St. E., and their telephone number is 519-748-3300. More information is available online at www.letitheal.com and initial consultations are complimentary.